



ROYAL
BALLET
SCHOOL

TEACHER TRAINING SUMMER EVENTS 2026

REPERTOIRE AND CHOREOGRAPHIC INSIGHT WITH THE FREDERICK ASHTON FOUNDATION AND THE RICHARD ALSTON FOUNDATION.

25 July and 22 August 2026

WORKSHOP OVERVIEW

The teacher training days will include repertoire study with The Frederick Ashton Foundation, looking in depth at Ashton's style and influence on British ballet and the wider dance world. Teachers will also delve into choreographic process with The Richard Alston Foundation and gain valuable insight into Richard's own process and learn phrases of choreography from his current and past body of work. The days also include a joint discussion and Q&A with Sandra and Richard, offering rich perspectives on insights, style and process.

Attendees will receive a CPD certificate of participation on completion of each workshop.



SCHEDULE

Day 1 | Saturday 25 July

Morning

The Frederick Ashton Foundation focus: *La Fille mal gardée* (1960) with répétiteurs, Helen Crawford and Daniel Pratt followed by the Q&A.

Afternoon

The Richard Alston Foundation focus: *Rainbow Bandit* (1977) with répétiteur, Pierre Tappon

Day 2 | Saturday 22 August

Morning

The Richard Alston Foundation focus: *Shimmer* (2004) with répétiteur, Pierre Tappon followed by the Q&A.

Afternoon

The Frederick Ashton Foundation focus: *The Dream* (1964) with répétiteurs, Samantha Raine and Daniel Pratt

The Frederick Ashton Foundation



The Dream (1964)

These sessions will introduce teachers to insights and the stylistic and musical nuances of Ashton's choreography, exploring how these qualities can be embodied, and communicated. Alongside repertory work, we will examine strategies that support clarity, musical sensitivity, and expressive detail.

The Richard Alston Foundation



Rainbow Bandit (1977)

These sessions will focus on the dynamic, articulate movement language associated with Richard Alston. Teachers will work with repertory material while considering the choreographic process and how to encourage individual student interpretation. The session will highlight approaches that balance technical precision with creative freedom, offering practical tools for teachers to deliver choreography sessions with their students.

PARTICIPATION OPTIONS

IN PERSON: 10.00-17.00

Includes practical work, class discussion, Q&A and reflection.

ONLINE: 10.00-17.00 (full day)

Half day online options: 10.00-13.30 (half day AM) or
12.45-1.30 (break 13.30-14.15) 14.15-17.00 (half day PM)

Unable to attend in person? Join us as an observer (no practical work involved), participate and contribute to the Q&A.

Both participation options are available to dance teachers and student dance teachers aged 18+.

FEES

In person (one day)	£180
In person (both days)	£325 (save £35)
Online observation, full day	£80
Online observation, half day (AM or PM)	£45
Online observation (both full days)	£145 (save £15)