



**INSTITUTE
OF MEDICINE**

ROYAL COLLEGE OF
PHYSICIANS OF IRELAND



AGENDA

The Institute of Medicine Hot Topics for
Acute Physicians Webinar:

Transitions in Healthcare

Webinar
Wed 25th of November 2026
5.00pm – 6.30pm
2 CPD credits



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AGENDA

Chair: Dr. Emer Kelly, Consultant in Respiratory Medicine, UCD Associate Clinical Professor, UCD School of Medicine, St Vincent's University Hospital

Time	Title	Speaker
17.00 – 17.10	Opening remarks	Dr. Emer Kelly <i>Consultant in Respiratory Medicine</i>
17.10 – 17.30	Transition from active management to end of life care: Diagnosis of dying	Dr. Clare McAleer <i>Consultant in Palliative Care, Beaumont Hospital & St. Francis Hospice</i>
17.30 – 17.50	Changes in Gender Transitioning over the last 4 decades	Prof. Donal O'Shea <i>Consultant Endocrinologist</i>
17.50 – 18.10	Transition from Paediatric to Adult Care: Inflammatory Bowel Disease Model	Dr. Cara Dunne <i>Consultant Gastroenterologist</i>
18.10 – 18.30	Panel Discussion	



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TODAY'S SPEAKERS



Dr. Emer Kelly

Consultant in respiratory medicine in St Vincent's University Hospital

Dr Emer Kelly is a consultant in respiratory medicine in St Vincent's University Hospital, Dublin, Ireland. She trained in respiratory, critical care and general internal medicine in Ireland and in Boston, USA, completing the Harvard Pulmonary and Critical Care Fellowship. She has a clinical and research interest in Chronic Obstructive Pulmonary Disease (COPD) and has a keen interest in medical education delivery and research, gaining a Diploma in Medical Education from the University of Dundee. She has previously served as an elected fellow on Council of the Royal College of Physicians' of Ireland (RCPI), Clinical Lead for Digital Strategy and Innovation, National Specialty Director for Respiratory and is the current Director of Training and Education in the Institute of Medicine, RCPI.

She is also the Director of Learning Resources with the European Respiratory Society.



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Dr. Clare McAleer

Consultant in Palliative Medicine, Beaumont Hospital and St. Francis Hospice. National Specialty Director, Palliative Medicine, Royal College of Physicians of Ireland

Dr Clare McAleer is a Consultant in Palliative Medicine at Beaumont Hospital and St Francis Hospice Raheny, Dublin. Her clinical work spans specialist palliative care in hospital and community settings. She is Co-National Specialty Director for Palliative Medicine, and contributed to the development of the Royal College of Physicians of Ireland's new Higher Specialist Training OBE Curriculum in Palliative Medicine.

Her work reflects a commitment to developing palliative care services, advancing specialist training, and supporting high-quality, compassionate care for people living with life-limiting illness.



Prof. Donal O'Shea

*Consultant Endocrinologist, St Columcille and St Vincent University Hospitals
Professor of Medicine, University College Dublin, Ireland*

Qualified from University College Dublin in 1989 and then moved to Hammersmith Hospital in London. Completed research with Professor Sir Stephen Bloom on how the brain controls appetite.

Moved to current position in 1999 establishing 2 hospital based multidisciplinary treatment teams for the management of adult obesity and gender dysphoria. Is a member of the Department of Health Policy group on obesity and chaired a group carrying out a health impact assessment on the potential benefits and harms of a tax on sugar sweetened drinks.

Has presented the EU Ministers for Health and the Director General of the WHO on the importance of prevention of childhood obesity. Has specific research interests in obesity and gender and has published over 250 research papers. He has served as National Clinical lead for management of Obesity with the Health Service Executive until February 2026.



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Dr. Cara Dunne

Consultant Gastroenterologist

To follow...

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